

Pelvic Health Rehabilitation: Women, Men, and Children



**West Portland
Physical Therapy
Clinic LLC**

1630 SW Morrison Street
Portland, Oregon 97205
T (503) 227-7774
F (503) 227-7548
www.wpptc.com

An independent physical therapist owned and operated practice

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Megan Ford, PTA
Rebecca Hall, PTA, PRPC
Patricia Rieger, PTA

Name _____ Phone _____ Date of Birth _____

ICD 10 Codes _____ Today's Date _____

Diagnosis _____

Evaluate and Treat Diagnostic Ultrasound

BOWEL & BLADDER DYSFUNCTION	<input type="checkbox"/> Stress incontinence <input type="checkbox"/> Urinary frequency	<input type="checkbox"/> Mixed incontinence <input type="checkbox"/> Urinary urgency	<input type="checkbox"/> Urge incontinence <input type="checkbox"/> Fecal incontinence	<input type="checkbox"/> Fecal urgency
PELVIC FLOOR PAIN/TENSION	<input type="checkbox"/> Abdominal pain <input type="checkbox"/> Dyspareunia	<input type="checkbox"/> Levator ani syndrome <input type="checkbox"/> Pudendal neuralgia	<input type="checkbox"/> Vaginismus <input type="checkbox"/> Vulvodynia	<input type="checkbox"/> Vestibulodynia
PELVIC FLOOR WEAKNESS	<input type="checkbox"/> Cystocele <input type="checkbox"/> Rectocele	<input type="checkbox"/> Enterocele <input type="checkbox"/> Other	<input type="checkbox"/> Urethrocele	<input type="checkbox"/> Uterine prolapse
POST-SURGICAL CONDITIONS	<input type="checkbox"/> Bladder repair <input type="checkbox"/> Cesarean section	<input type="checkbox"/> Episiotomy <input type="checkbox"/> Hysterectomy	<input type="checkbox"/> Laparoscopy <input type="checkbox"/> Lymphedema	<input type="checkbox"/> Mastectomy <input type="checkbox"/> Scar tissue
OB-GYN & MUSCULOSKELETAL	<input type="checkbox"/> Carpel tunnel <input type="checkbox"/> Coccydynia <input type="checkbox"/> Diastasis recti <input type="checkbox"/> Endometriosis <input type="checkbox"/> Groin/pubis pain <input type="checkbox"/> Headaches	<input type="checkbox"/> Ligamentous laxity <input type="checkbox"/> Low back pain <input type="checkbox"/> Lymph drainage basic manual <input type="checkbox"/> Neck pain <input type="checkbox"/> Nerve entrapment	<input type="checkbox"/> Other <input type="checkbox"/> Pregnancy sacral/ back treatment <input type="checkbox"/> Rib pain <input type="checkbox"/> Round ligament pain <input type="checkbox"/> Sacral pain	<input type="checkbox"/> Piriformis syndrome <input type="checkbox"/> Sciatica <input type="checkbox"/> Thoracic outlet syndrome <input type="checkbox"/> Thoracic pain <input type="checkbox"/> Weakness
MALE PELVIC FLOOR DYSFUNCTION	<input type="checkbox"/> Chronic pelvic pain syndrome (CPPS)	<input type="checkbox"/> Post-prostatectomy <input type="checkbox"/> Incontinence	<input type="checkbox"/> Urinary urgency / frequency <input type="checkbox"/> Abdominal / groin pain	
PEDIATRIC CONDITIONS	<input type="checkbox"/> Voiding dysfunction <input type="checkbox"/> Incontinence	<input type="checkbox"/> Nocturnal Enuresis <input type="checkbox"/> Constipation	<input type="checkbox"/> Encopresis <input type="checkbox"/> Urgency	

Frequency: _____ (per week) _____ and duration (weeks) _____

Plan of Care/Recommendations: _____

Limitations/Precautions: _____

Physician's Signature: _____

Physician Name: _____ **Office Phone:** _____

PROVIDERS FOR BUT NOT LIMITED TO:

- Aetna
- Legacy+ Network
- Pacific Source
- Blue Cross Blue Shield
- Medicare
- Providence Health Plans
- Cigna
- Medicare Advantage
- Tricare
- First Choice Health/First Health
- Moda Health
- TriWest
- Health Net
- Motor Vehicle Insurance
- United Healthcare
- Humana
- OHSU Network
- United Medical Resources
- Kaiser
- Oregon Health Plan
- Workers' Compensation

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BY CAR:

Coming via I-405 South

Take Exit 2A - Couch St.
toward Burnside St.

Stay straight to go onto
NW 15th Ave.

Turn right onto
SW Morrison St.

Located at corner of
17th & SW Morrison

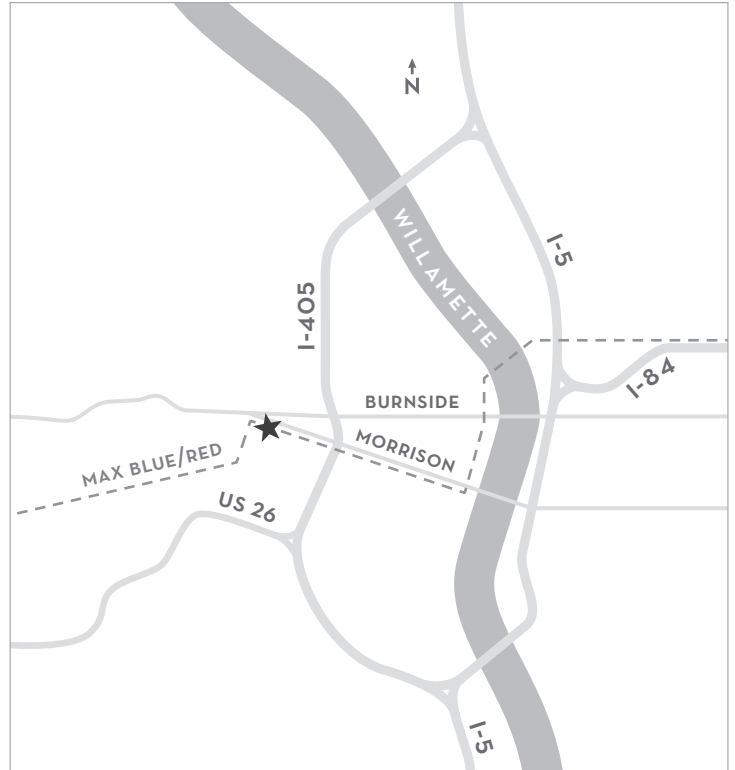
Coming via I-405 North

Take Exit 2A - toward
Salmon St./Providence Park

Turn slight right onto
SW 14th Ave.

Turn left onto
SW Morrison St.

Located at corner of
17th & SW Morrison St.



BY TRIMET:

20 Burnside/Stark

Get off at SW 18th / NW 19th

15 Belmont/NW 23rd

Get off at SW 16th

51 Vista

Get off at SW 16th

MAX from the East Side:

Red line to Beaverton TC or Blue line to Hillsboro

Get off at Providence Park
(SW Morrison & 17th)

MAX from the West Side:

Blue line to Gresham or Red line to Airport

Get off at Providence Park
(SW Yamhill & 17th)

