



## West Portland Physical Therapy Clinic LLC

An independent physical therapist  
owned and operated practice

1630 SW Morrison Street  
Portland, Oregon 97205  
T (503) 227-7774  
F (503) 227-7548  
www.wpptc.com

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**Abigail G. Richards**, PT, DPT, PRPC  
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**Lena Thieme**, PT, MPT  
**Ann-Marie Cordova**, PTA  
**Desiree Douchette**, PTA  
**Megan Ford**, PTA  
**Rebecca Hall**, PTA, PRPC  
**Sean Murphy**, PTA  
**Patricia Rieger**, PTA

|              |       |               |
|--------------|-------|---------------|
| Name         | Phone | Date of Birth |
| ICD 10 Codes |       | Today's Date  |
| Diagnosis    |       |               |

### Evaluate and Treat

#### Specialties

- Balance Training
- Bike Fitting
- Craniosacral Therapy
- Concussion
- Dance Medicine
- Diagnostic Ultrasound
- Ergonomic Consulting
- Headache Treatment
- Injury Prevention
- Lymph Drainage
- Osteoporosis & Osteopenia Management
- Parkinson's Disease
- Pediatric Rehab
- Pelvic Floor Rehab - Women, Men, Children
- Personal Training
- Pilates' and Yoga Training
- Posture and Body Mechanics
- Running / Walking Disorders
- Sports Conditioning and Movement Analysis
- TMJ / TMD Treatment
- Vestibular Rehab
- Workers Comp/Industrial Rehab

#### Treatments and Services

- Activities of Daily Living
- Biofeedback
- Blood Flow Restriction Training
- Electrical Stimulation
- Gait Training
- Interferential Current Therapy
- Iontophoresis
- Joint Mobilization
- Laser Therapy
- Microcurrent Therapy
- Modified FCE/PCA's
- Neuromuscular Re-education
- Primal Reflex Release Technique (PRRT)
- SASTM (Astym®) Therapy
- Soft Tissue Mobilization
- Therapeutic Activities & Exercise
- Transcutaneous Nerve Stimulation (TENS)
- Ultrasound
- Vasopneumatic Therapy (GameReady®)
- Work Hardening
- Other: \_\_\_\_\_

Frequency: \_\_\_\_\_ (per week) \_\_\_\_\_ and duration (weeks)

Plan of Care/Recommendations: \_\_\_\_\_

Limitations/Precautions: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_

**Physician Name:** \_\_\_\_\_ **Office Phone:** \_\_\_\_\_

#### PROVIDERS FOR BUT NOT LIMITED TO:

- Aetna
- Blue Cross Blue Shield
- Cigna
- First Choice Health/First Health
- Health Net
- Humana
- Kaiser
- Legacy+ Network
- Medicare
- Medicare Advantage
- Moda Health
- Motor Vehicle Insurance
- OHSU Network
- Oregon Health Plan
- Pacific Source
- Providence Health Plans
- Saif
- Saif-CareMark
- Saif-Majoris
- Tricare
- TriWest
- United Healthcare
- United Medical Resources
- Workers' Compensation

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## BY CAR:

### Coming via I-405 South

Take Exit 2A - Couch St.  
toward Burnside St.

Stay straight to go onto  
NW 15th Ave.

Turn right onto  
SW Morrison St.

Located at corner of  
17th & SW Morrison

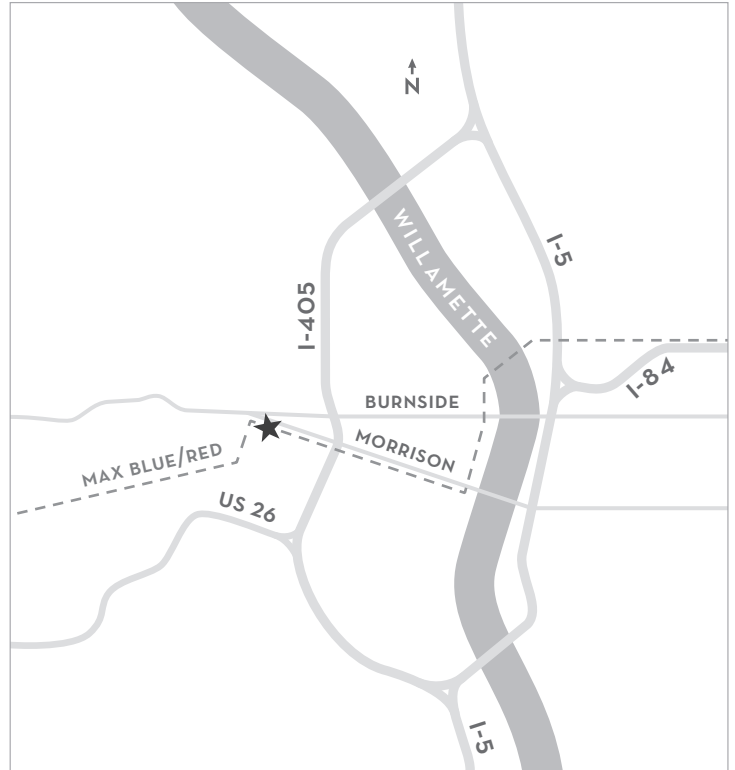
### Coming via I-405 North

Take Exit 2A - toward  
Salmon St./Providence Park

Turn slight right onto  
SW 14th Ave.

Turn left onto  
SW Morrison St.

Located at corner of  
17th & SW Morrison St.



## BY TRIMET:

### 20 Burnside/Stark

Get off at SW 18th / NW 19th

### 15 Belmont/NW 23rd

Get off at SW 16th

### 51 Vista

Get off at SW 16th

### MAX from the East Side:

#### Red line to Beaverton TC or Blue line to Hillsboro

Get off at Providence Park  
(SW Morrison & 17th)

### MAX from the West Side:

#### Blue line to Gresham or Red line to Airport

Get off at Providence Park  
(SW Yamhill & 17th)

